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Pritam Poddar |

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~~▣ 2015 CHRISTMAS  
LECTURES~~ A urine

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your own pee. Doctors

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disagree Would You  
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Loose Women

---

'Urine therapy' is the  
latest health craze  
Drinking urine is a thing  
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Should You Be  
Drinking Your Own  
Urine?

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Surprising Benefits of  
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Spiritual Life episode

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Thousands Drinking

Their Own Pee

Debunking Urine

Therapy We Learn

About Urine Therapy

With Julia Sillaman

How I cured myself of  
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reversed ageing | Darryl

D'Souza | TEDxPanaji

Drinking My Own

Urine. Good Idea or Bad

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Urine Face Wash?

~~Woman who drinks her  
own urine says "It can  
change your life"~~

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Life Of A Urine Drinker~~

John Armstrong

Interview, June 2017

Why/How to Drink

Your Own Urine Urine

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Drinking Your Own Pee  
Is Good For You Urine  
Therapy How To Drink  
Drinking from your own  
spigot. Sipping a warm  
cup of herbal pee.

Whatever you want to  
call it, the practice of  
drinking urine goes back



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millennia. Known today  
as urine therapy,  
urophagia, or...

Is Drinking Urine Good  
for You? Benefits,  
Risks, and More

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Urine Therapy - How  
To Drink Your Own  
Urine eBook: Smith ...  
Stop collecting before  
your bladder is empty.  
Drink the urine for a  
couple of weeks, then

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take a break for a week or two. It is best not to drink large quantities for extended periods.

Rather, let smaller quantities of urine act as a stimulant and pick-up. Urine is also an effective remedy for many skin complaints.

Urine therapy natural  
traditional remedies

If you wanna try to

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How To Drink  
Your Own Urine

drink or use urine to  
heal illness you can  
follow these steps  
before start it. If you are  
doubt about urine taste,  
and if its consider as too  
big step to drink your  
urine directly, try to rub  
it... Before drinking  
urine, smell and rub it to  
nose first to make sure  
the smell. ...

15 Health Benefits of

*Page 12/29*

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Urine Therapy (No.8  
Shocking ...

You want the urine that you drink to be more clear when first starting out. As you are more comfortable with drinking more of your urine, you can add a teaspoon or tablespoon of Bragg's Apple Cider Vinegar. This stuff is so strong and powerful that you won't taste the

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Urine Therapy

urine at all. **How To Drink**

**Your Own Urine**

Why You Should Start  
Drinking Your Own Pee

□ The Many ...

Add New Post. While  
drinking one's own  
urine (the core practice  
of urine therapy)  
understandably has a  
squirm-inducing factor  
for some people, the  
practice is ages old and  
has very enthusiastic

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proponents. What is certain is that urine is antiseptic -- capable of killing micro-organisms -- and for that reason was in fact used to keep surgical instruments free of disease causing germs during the American Civil War and into the 20th century.

Urine Therapy: Your  
Own Natural Remedy!

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For 79-year-old Bao Yafu, urine therapy is just another daily routine: he drinks three cups of his own urine every day, and even washes his eyes and wipes his face with it. □In these 22 years [of...

Drinking your own urine: The unorthodox Chinese 'miracle ...  
urine therapy how to



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drink your own urine

Sep 07, 2020 Posted By  
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want to know abo thus  
urine for many people  
the routine has a twist  
they go to the bathroom  
and

# Download Free Urine Therapy How To Drink

Urine Therapy How To  
Drink Your Own Urine  
[EPUB]

In alternative medicine, urine therapy or urotherapy, (also urinotherapy, Orin Therapy, Shivambu, uropathy, or auto-urine therapy) is the application of human urine for medicinal or cosmetic purposes,

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including drinking of one's own urine and massaging one's skin, or gums, with one's own urine. No scientific evidence exists to support any beneficial health claims of urine therapy.

Urine therapy -  
Wikipedia

Oakley heard about  
"urine therapy" two

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years ago, and she decided to give it a go. She now she drinks a glass of her own pee each morning and also puts some on her face. Oakley told the Daily Mail...

Why Urine Therapy Is  
Actually Dangerous |  
Health.com

urine therapy how to  
drink your own urine

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Sep 05, 2020 Posted By

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therapy youve probably

never heard of even

though its one of the

most powerful most

researched and most

medically proven

natural cures ever

discovered kayleigh

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Urine Therapy How To  
Drink Your Own Urine

Drinking someone else's urine may expose a person to numerous diseases. Although urine contains antibodies, it also contains bacteria. A study involving 100 children found a range of bacteria,...

Drinking urine: Are

*Page 22/29*

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How To Drink  
Your Own Urine

there any real health  
benefits?

The middle stream of fresh, warm, morning urine is the most potent, and drinking it mixed with freshly squeezed orange juice is probably the fastest way to accomplish this task, although it is best not to mix urine with other foods or drinks or to take it within an hour

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How To Drink  
before or after eating.

## Your Own Urine

Urine Therapy is

Nature's own Perfect  
Medicine

□When you drink urine,  
it will eventually come  
back out again and be  
much more  
concentrated, which  
could lead to gut  
problems,□ he says.

□The kidneys will have  
to work hard to filter out



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Please can everyone  
stop drinking their own  
urine? - BBC Three  
Sep 07, 2020 urine  
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never heard of even  
though its one of the  
most powerful most  
researched and most  
medically proven  
natural cures ever  
discovered

30+ Urine Therapy How  
To Drink Your Own  
Urine [EPUB]

However, the poisonous  
substance becomes  
irrelevant in the practice

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of drinking urine, as urine is not immediately put back in the bloodstream. Be that as it may, urine therapy consists of two...

Urine Therapy: The health benefits of imbibing your own ...  
To 1/6 ounce of distilled water in a sterile bottle, add one drop of fresh urine. Cap and shake 50

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times. Take one drop of this mix and add to another 1/6 ounce of distilled water and shake 50 times. Take one drop of this mix and add to 1/6 oz. of 80 to 90 proof vodka which acts as a preservative.

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74e84a

How To Drink  
Your Own Urine